

**LIST OF COACH AND INSTRUCTOR - REGISTERED with MANAGEMENT  
MCST 2286 DOVER PARKVIEW**

S/No	Courses	Days of Courses	Time	Instructor	Photos	Contact No:
1	Swimming	Wednesday & Thursday	*2.45pm to 6.30pm	Mr. Yong Yok Mun		9001 1735
2	Swimming	Sunday	*3.00pm to 5.00pm	Mr. Mohktar Bin Mokti		9749 0100
3	Tennis	Monday to Sunday	* -	Mr Lee Ming		9743 6695
4	Taekwondo	Wednesday	*4.30pm to 5.30pm	Mr. Ng Hwa Ann (Krist Koh)		9822 5085
5	Yoga	Tuesday Tuesday Saturday	*9.00am to 10.30am *7.30pm to 9.00pm *10.00am to 11.30am	Supriya		9067 1334
6	Yoga	Thursday Friday Sunday	*7.30pm to 9.00pm *7.30pm to 9.00pm *8.30am to 10am	Khoo Koay Wen Ya		9026 0474
7	Pound/ Piloxing / Jumping Fitness	Thursday	*10.00am to 11am	Irene Kang		9781 1262
8	Zumba	Monday Thursday	*8.00pm to 9.00pm *8.00pm to 9.00pm	Inessa Batra		9026 0474